### **Easy Read Material Guidelines**

1. Introduce the topic with visuals provided before relaying new information about the topic to avoid confusion if changing topics suddenly.
2. Go through one-two pages at a time (depending on the PWID’s cognitive abilities). It is easier for PWID to absorb smaller chunks of information each time. You may need several sessions to go through the whole information booklet.
3. Use simple sentences to describe the visuals, focus on keywords. Point to visuals as you describe them.
4. Add gestures or show real-life examples or demonstration where relevant to improve understanding.
5. Pause after each point of information to give the PWID time to absorb the information.
6. Check the PWID’s understanding of what you’ve told them. You can do this by asking them to relay the information on the page back to you or by asking them simple questions about the relayed information and what they should do.
7. Give the PWID relevant pages (PDF version available on IDHealth website for printing) or mark the pages that you have gone through in the Easy Read booklet that you have gone through for them to bring home and refer to. You can suggest for them to paste important information in a relevant location e.g. diet recommendations in the kitchen.